

Lisa Nemzo BCPP/RPE/CST/MT

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GOALS AND OBJECTIVES:

Return to wholeness in body, mind and Spirit through a unique and transformative process. Specializing in Somatic Trauma Release from a Physio/Emotional nature for individuals. Innovative approach to Couples Counseling – excellent communication skills ei; reflective listening and tools for conflict resolution.

QUALIFICATIONS:

Healing Arts Practitioner, 1985-Present

- Board Certified Polarity Practitioner
- Registered Polarity Educator
- Cranial-Sacral Therapist
- Massage Therapist
- Couples Counseling
- Reiki Therapist

EDUCATION AND CERTIFICATION:

- **2014-present** President of APTA, American Polarity Therapy Association
- **2009, 2012** Board of Directors for APTA (American Polarity Therapy Association)
- **1994-present** Board Certified Polarity Practitioner; Registered Polarity Educator
- **2004-2010** Certification of Authorization for Postsecondary and Vocational Education
- # COAFS-04-376640 approved under California Education Code (CEC) Section 94915
- **2002-2004** Advanced Trance Addictive Behavior BioSonic Re-patterning workshops Dr. John Beaulieu
- **1997-2004** *Internship/Teacher training /Supervision* Dr. John Beaulieu and Gary Strauss
- **1996-2003** *Foundation for Shamanic Studies* Amanda Foulger
- **2000-** *IET Training*
- **1988-1993** *Associate Polarity Practitioner* International Polarity Wellness –APTA
- **1986-1987** *Technician Ayurveda* Treatments for TM Center Ayurveda Clinic Pacific Palisades, CA
- **1985** *Reiki Certification* 1st & 2nd degree
- **1984-1985** *Massage Therapist* Santa Monica School of Massage

PROFESSIONAL EXPERIENCE:

Healing Arts Practitioner, 1985-Present

- Private practice with individuals and couples
- Assisting chiropractors with patients (injury/related trauma)
- House / Land / Entity / Geopathic clearing
- Regression / Past life/ Soul Retrieval
- Soul Purpose/Vision / Soul's Intended Path vs Life's Chosen Work

Polarity Wellness Educator, Polarity Healing Arts, 1985-Present

- Teach Work Study/Group, Communication, in the BCPP curriculum
- “Releasing Blocks to Creativity” AEE/APTA Polarity Conferences in USA
- “Shock in the Nervous System: Unwinding Whiplash”
- “Organ,/Fascial Release and Diaphragm Drop”
- “Lower Back: Unwinding Sciatica Issues”

PROFESSIONAL MEMBERSHIPS:

- APTA American Polarity Therapy Association- BCPP/ RPE 1995-Present

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