

Lisa Nemzo

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GOALS AND OBJECTIVES:

To teach effective healing techniques to professional health care practitioners trained in alternative modalities and conventional medicine. The intention is to:

- Learn new techniques for unwinding physical/emotional trauma
- Integrate mind/body paradigms
- Maintain healthy boundaries
- Practice essential self-care

QUALIFICATIONS:

Healing Arts Practitioner, 1985-Present

- Polarity Wellness Educator
- Registered Polarity Practitioner
- Cranial-Sacral Therapist
- Massage Therapist
- Body Trance Counselor
- Reiki Therapist

EDUCATION AND CERTIFICATION:

Advanced Trance Addictive Behavior Biosonic Repatterning workshops
2002-2004

Studied with Dr. John Beaulieu

Teacher training and supervision with Dr. John Beaulieu and Gary Strauss,
1997-Present

Registered Polarity Practitioner, 1994-1995
International Polarity Wellness-APTA(American Polarity Therapy Association)

Associate Polarity Practitioner, 1988-1993
International Polarity Wellness -APTA

Massage Therapist, 1984-1985
Santa Monica School of Massage

PROFESSIONAL EXPERIENCE:

Healing Arts Practitioner, 1985-Present

- Private practice with individuals and couples
- Assisting chiropractors with patients (injuries/related trauma)

Polarity Wellness Educator, Polarity Healing Arts, 1985-Present

- Teach Work Study/Group, Communication, in the APP program
- Develop and teach workshops for other Healing Arts professionals:
 - “Landscape and Language of the Electromagnetic Field”
 - “Shock in the Nervous System: Unwinding Whiplash”
 - “Organ/Fascial Release and Diaphragm Drop”
 - “Lower Back: Unwinding Sciatica Issues”

PROFESSIONAL MEMBERSHIPS:

- International Polarity Wellness Network-PWE 1995-Present
- APTA American Polarity Therapy Association- RPP 1995-2004